

Extra-Curricular Activities 2023- 2024



The world outside your window

Excellence beyond the classroom

Artwork:
Irene Daphne Neophytou, 7W

Vision, Mission Statement, Principles & Policy

Vision

Excellence beyond the classroom

Mission Statement:

At The English School, we place great value on the role of extra-curricular and co-curricular activities in developing well rounded, responsible and citizen-conscious individuals. These activities foster new areas of growth that help shape character, enhance interaction and promote leadership qualities. We strive to support a range of activities that students can choose from which are often led by an even initiated by students themselves, aided and facilitated by our dedicated staff. Students are strongly encouraged and even expected, to participate in at least one after-school activity.

Principles:

The extra-curricular programme is an intrinsic part of supporting our School values and vision. Extra-curricular activities are a fundamental aspect of pupil development, enhancing their capacity to develop interests as well as in new areas unrelated to their academic studies. Students are encouraged to contribute to the school and the wider community as caring, global citizens in the spirit of our School motto “non sibi sed scholae”

Policy:

- The School will provide an ambitious co-curricular and extra-curricular programme which enriches the educational experience and contributes considerably to the personal development of each individual.
- The School seeks to provide a wide range of opportunities for pupils of all ages and interests to take responsibility, work as part of a team, face new challenges, acquire new skills, and develop physically and creatively.
- The School will ensure equal opportunities for all students and in those activities requiring selection will ensure a fair and unbiased process.
- All students are encouraged to participate in at least one extra-curricular activity and should seek to challenge themselves in new environments and aspire to achieve their full potential
- Student commitment to the co-curricular and extra-curricular programme will be monitored and evaluated and the positive outcomes will be recognised and rewarded.
- Staff members are expected to make a valid contribution to the co-curricular and extra-curricular programme.
- The extra-curricular will be line managed by a designated member of the SMT and evaluation will take place in coordination with the line manager and the HoD where appropriate.
- Suggestions and proposals for starting new activities should be addressed to the designated SMT member. Such proposals will be given consideration on a wide number of points and issues before the establishment of new clubs.
- The School will seek to promote this policy through an active partnership with parents, outside organisations and other stakeholders. The underlying ethos of enhancing the school experience will be maintained at all times.

Welcome to ECA - Activities Fair and Sign up for 2023 - 2024

Dear Students,

Extra-Curricular Activities are a vital part of your life at The English School. You will find clubs and activities for all interests including old favourites as well as something new.

Don't be afraid to try! You will make new friends, memories and have experiences which will last a lifetime.

To sign up for all activities you will be sent a link to a form.

You can select a first choice and a second choice activity on each day.

If the activity is full or you change your mind, you can go to your second choice.

Your teachers are all here to help you find the right activities for you.

I'm looking forward to seeing you take part and having fun,
Ms Tellalis

Dear Parents,

Thank you for your support with all ECA: the skills and experiences your children will have are vital. If your child is in year 1 or 2, please take time to talk through which activities they would like to try. Allow the children to make their choices on the link sent to them - it's important that they feel happy with their clubs and activities.

A reminder that our students are not supervised after 1:50 pm. Children in year 1 who need to wait to be picked up can enrol in one of our new Homework clubs, or go to the library. They will get some of their work done as well as learning new study skills.

I look forward to meeting you soon, at Activities Fair or at one of our school events.

A M Tellalis
Assistant Head,
i/c of ECA



Maths Activities explained:

Name of ECA	Staff	Years	Day	Weekly meeting	Event / month	Description
Mathletes Club	AND	1	Monday		Math Olympiad/April Math District Competition/November	As an integral part of our enrichment program, the Mathlete Club offers an exceptional opportunity for our students to extend their mathematical horizons beyond the boundaries of the school curriculum. Through this club, we provide additional support and targeted practice that empowers our students to excel in math competitions
Math Relay Club	PAK / MVY	1, 2, 3	Monday		Math Relay Competition/January	The Math Relay Club prepares students for the Cyprus Math Relay Competition. This is a thrilling and dynamic mathematical event that fosters teamwork and strategic thinking. Participants form teams and work collaboratively to solve a series of math problems in a relay format. This competition emphasizes quick thinking, effective communication, and the ability to solve problems under time pressure.
Euromath Conference Club	MGA / CRI	2, 3, 4	Tuesday		Euromath Conference/March	Euromath conference offers an exciting opportunity for students passionate about mathematics to engage with like-minded peers from across Europe. It provides a platform for learning and exploring various mathematical topics through workshops, presentations, and interactive sessions. Attending Euromath allows students to broaden their mathematical horizons, deepen their understanding, and foster connections with fellow math enthusiasts.
MATHeatre Europe Club	CRI / MGA	2, 3, 4	Tuesday		MATHeatre Europe/March	MATHeatre Europe is an exciting event that brings together mathematics and theater, creating a unique platform for students to showcase their talents and creativity. Participants from across Europe engage in performances that combine mathematical concepts with dramatic storytelling, fostering a deeper appreciation for the beauty and relevance of mathematics in our lives.
Ritangle and Data Science Club	PGE	6, 7	TBA		Ritangle competition	Ritangle is a free maths competition aimed at teams of sixth form/college students running over approximately 10 weeks in the Autumn term. It's made up of around 24 'first round' questions, released daily on weekdays, which unlock information necessary to solve the final multi-part question. The problems are released throughout October and daily during most of November and the start of December.
					Data Science Exam	The Data Science Exam evaluates students' expertise in data analysis, statistical modeling, machine learning, and data visualization. It encompasses practical problem-solving using programming languages like Python or R, emphasizing a comprehensive understanding of statistical concepts and data manipulation techniques. By successfully completing the course and its assessments, students are honored with an MEI certificate.
GeoGebra Club Years 3, 4, 5	CKI	3, 4, 5	Tuesday			Students will explore math through interactive tools, fostering deeper understanding and problem-solving skills. This will be especially useful amongst students who participate in mathematics competitions.
GeoGebra Club Years 6, 7	GZA	6, 7	Tuesday			Students will explore math through interactive tools, fostering deeper understanding and problem-solving skills. This will be especially useful amongst students who participate in mathematics competitions.
Boosting Year 1 Numerical Ninjas	APP	1	Tuesday			Offers extra help and guidance to Year 1 students, ensuring a strong foundation in mathematics through interactive activities, games, teamwork and personalized assistance
Leveling Up Year 2 Number Warriors	APG	2	Monday			Offers extra help and guidance to Year 2 students, ensuring a strong foundation in mathematics through interactive activities, games, teamwork and personalized assistance
Empowering Year 3 Math Mavericks	CSI	3	Monday			Offers extra help and guidance to Year 3 students, ensuring a strong foundation in mathematics through interactive activities, games, teamwork and personalized assistance.
Year 4 Maths Past Paper Practice Club	CCN	4	Tuesday			A focused program offering practice and preparation for IGCSE Mathematics exams, tailored for Year 4 students.
Years 5 and 6 Maths Past Paper Practice Club	BBO	5, 6	Monday			A focused program offering practice and preparation for IAL Mathematics exams, tailored for Years 5 and 6 students.

New this year:

Dynamic Speakers

Open to: Years 2 and 3.

Maximum number of students per group: 15

Think of all the impactful leaders you know, and then consider if there is something common among them. Most likely, the common trait they share is their ability to communicate effectively. At Dynamic Speakers we firmly believe that every person has the potential to become a skilled communicator and leader. What they need is an opportunity to develop this potential.

Dynamic Speakers is dedicated to helping students unlock their communication potential through practical experience, enabling them to successfully tackle the challenges of leadership. The club aims to equip students with three essential skills:

- **Overcome nervousness when speaking before an audience.**
- **Organize and present ideas logically and convincingly.**
- **Offer advice to help others improve without criticizing them.**

By providing these tools, we empower students to face real-life challenges during their upper school, such as handling interviews and delivering persuasive presentations.

In our highly interactive sessions, students will master techniques such as speech structuring, voice modulation, and effective use of body language. Through a 'Learn by doing' approach, they will gain practical experience and confidence. At the end of the year, students will have the opportunity to showcase their progress by delivering a speech on a topic of their choice in front of an audience.

The main aim of the club is to start creating leaders of tomorrow, Today!



Dynamic Speakers is run by:

Richa Tandon

(TEDx Speaker Coach, Youth Leadership Coach & Soft Skills Trainer)

Charis Charalambous

(School Counsellor)

photo:
from Medimun conference
2023

New this year

A new ECA hosted by the
Counsellor, Ms Charis

For students in
Years 4 - 7 (together)

CONVERSATION CAFÉ

Facilitated Meaningful Dialogue

Every Thursday
1:55 - 2:55pm
@The Upper School
Study Centre

Starts: *October 5th*

If you would like to have
fun, meet others & share
your ideas about topics
that matter, then this ECA
is for YOU!!

More information:
At *The Counsellor's Laundry
Line*, on the way to the
Canteen



Life Coaching

Years 5 - 7

Mr Aslim and external professionals



New this year: Student-led initiatives

Literature Society

Open to: Years 4 -7

Maximum number of students per group: 15

Aims of the club:

1. To be exposed to the effects of literature on humanity,
2. To get to know the works of many influential writers,
3. To get a deeper understanding of the meaning of literature and literary periods,
4. To widen our literary scope & understanding outside of the school curriculum,



Club information, session outline & events contact Natasa Ioannou at @es_litsociety on Instagram / s182006@englishschool.ac.cy

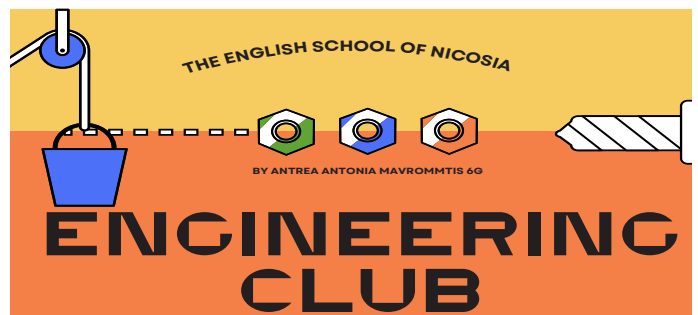
Engineering Club

Open to: Years 4 -7

Maximum number of students per group: 15

HOW?

- SMALL PROJECTS**
Projects every few weeks will have to do with the type of engineering we will be learning about at the time.
- THEORETICAL LEARNING**
Through our small projects, students will learn how to apply engineering and physics principles.
- COMPETITIONS**
Entering national competitions like the JA Sci-Tech challenge will allow us to broaden our horizons and network with people in the field.
- GUEST SPEAKERS**
Guest lecturers which will specialize in the subject we are studying at the time to talk to us about work in the field.



WHY?

- 01 CAREER EXPOSURE**
Students interested in engineering or an engineering-related field will have the opportunity to explore different engineering disciplines, gain practical skills and enhance their problem solving abilities.
- 02 HANDS ON LEARNING**
Although students will also be learning theory and the theoretical principles behind key engineering subjects, small projects will enhance their learning as it will allow them to apply concepts they have learned in real life problems.
- 03 TEAM/WORK AND COLLABORATION**
Engineering requires great mind to think alike and combine their ideas in order to come up with the best solutions possible. By participating, students will be able to work in diverse teams.

WHY?

- DISPLAYING OUR ACHIEVEMENTS**
Students will have the opportunity to enter national-level competitions, like the JA Sci-Tech challenge, and even inter-European (BEST Engineering Competition) and international level competitions.
- FUN AND INTEREST**
The club will provide a space for students with similar interests can come together and collaborate in different projects that they will genuinely enjoy. It will be a fun and engaging environment for students with a passion of problem solving, technology and innovation.

Club information, session outline & events contact Antrea Mavrommati, s181083@englishschool.ac.cy

Music & Performing Arts Activities



- **Choir**
- **Band**
- **Talent Night / Performances**
 - **Instrumental Programme**
 - **Drama / Music Theatre**

Music & Performing Arts at The English School

“Every Child a Musician”

Music and Performing Arts ECA:

Choir

- Junior Choir (years 1 - 3)
- Senior Choir (years 4 - 7)
- Community Choir (students / staff / parents / friends)

Band

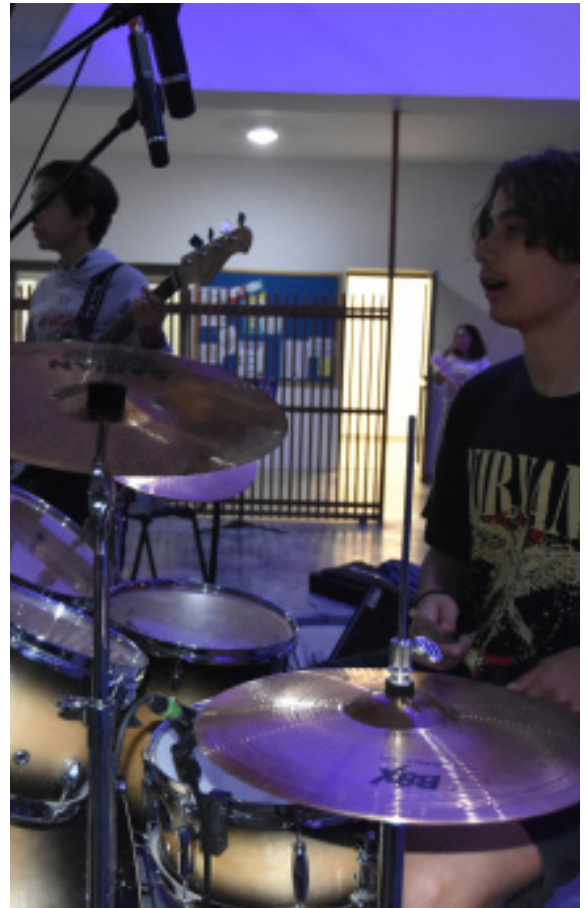
- Junior Wind Band
- Senior Band
- Rock / Jazz Bands
- Guitar Ensemble

Performances

- Talent Night - November
- Christmas Concert - December
- Arts Week - February
- Spring Concert - April
- Graduation Ceremonies - June

Drama

- Drama Club
- Senior Play
- Music Theatre Club



Music Instrumental Lessons

Scholarships are available for orchestral instruments

- Strings (violin / viola / cello / double bass)
- Woodwind (flute / oboe / clarinet / bassoon)
- Brass (trumpet / trombone / euphonium)

Paid lessons are offered for all instruments, including:

- Piano
- Guitar (electric, classical, acoustic) / electric bass
- Drums
- Voice
- Theory of Music Grades 1 - 8

Students can take

ABRSM, Trinity, Rockscool Exams

Tuition in pop / rock / jazz styles
Preparation for university
and conservatoire application &
auditions

Talent Night 2023

Auditions in October

Performance in November

Take the opportunity to be in Junior Choir and Sing in the Talent Night Finale - see poster for details



Talent Night 2023



JUNIOR CHOIR

Lower school sign up!



Sign Up:

<https://forms.office.com/e/rgDQPbDZiq>



Take this unique
opportunity & be a
part of the show!

No audition- Just sign up and sing!



Meet the Instrumental Teachers 2023 - 2024



Monica Theodotou

Head of Music Department
Director of Instrumental Programme
Senior Band
Oboe tutor
Music Theory



Loizos Loizou
choir director



Renos Efstathiou
classical guitar, guitar ensemble



Evangelos Christodoulou
Bassoon, Junior Band



Omiros Andreou
bass guitar, rock band



Nikolas Papageorgiou
violin, viola, string orchestra



Andreas Panteli
piano, jazz piano, band

Brass and Wind



Diamando Yiassemides
flute



Antonis Pafios
clarinet

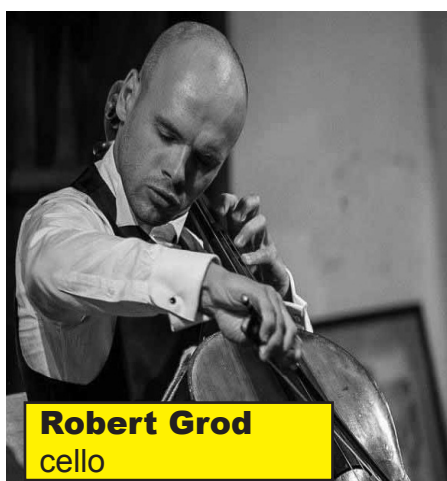
Orchestral Strings



Annita Skoutella
French horn, brass ensemble



Achilleas Tomasidis
saxophone



Robert Grod
cello



Eleana Andreou
double bass

Piano Tutors



Olga Talianos piano



Nicolas Melis piano



Andreas Papadopoulos
piano

Voice, Electric Guitar, Drums, Rock



Sophia Patsalides voice



Odysseas Toumazou
electric guitar



Marios Spyrou drums



Marios Menelaou rock band

What students say about Extra-curricular activities:

Taken from the survey in November 2019

"For me finding arguments to support my opinion is to understand my beliefs on a deeper level."

"I tried out for a part and didn't get it, but I knew I had done my best and would get another chance!"

"the sports activities I became involved with have helped me build perseverance, resilience and the ability to perform under great pressure"

"I have also come to realise how important it is to set goals and have an action plan to achieve them."

"As we explore different areas of drama such as improvisation, we learn to believe more in ourselves and also to be confident when speaking or performing in public"

"having to work with a band has taught me the value of teamwork which is a very important thing to experience as it's a concept of our everyday lives."

"I feel that getting to know our teachers and making new friends has really improved my self esteem and helped me a lot"

"This experience was life-changing for me, and it has shown me the importance of dedication and hard work."

"Having to maintain an organized program and carefully calculated routine, you understand the true meaning of discipline, while creating a strong, resilient character."

"It increases your self esteem since you have to speak up in front of a crowd and express your opinion."

"At the same time, the volunteer work I do that is required for DoE positively contributes to the lives of many people in need."

"Being part of a team I feel that it's my responsibility to make things as perfect as possible in order to give my fellow classmates the best experience they could"

"the nature of the project allows students to take initiative, be creative and build each issue piece by piece."



18th Annual Medimun Conference 2023

